

# Biomechanical and histological evaluation of the osseointegration capacity of two types of zirconia implant

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**Abstract:** The purpose of this study was to evaluate the biomechanical and histological behavior of a ceria-stabilized zirconia–alumina nanocomposite (NanoZr) in comparison with that of 3 mol% yttria-stabilized tetragonal zirconia polycrystalline (3Y-TZP) in Sprague Dawley rats. Cylindrical NanoZr and 3Y-TZP implants (diameter 1 mm, length 2 mm) were used. Implant-surface morphology and surface roughness were determined by scanning white-light interferometry and scanning electron microscopy, respectively. The cylindrical zirconia implants were placed at the distal edge of the femur of Sprague Dawley rats. At weeks 2, 4, and 8, the interfacial shear strength between implant and bone was measured by push-in test. Histological analysis was performed using hard-tissue sections. Bone–implant contact (BIC), the thickness of new bone around the implant within the bone marrow area, and osteoclast numbers were evaluated. The average surface roughness of 3Y-TZP (Sa 0.788  $\mu\text{m}$ ) was significantly higher than that of NanoZr (Sa 0.559  $\mu\text{m}$ ). The shear strengths of 3Y-TZP and NanoZr were similar at 2 weeks, but at 4 and 8 weeks the shear strength of NanoZr was higher than that of 3Y-TZP. The average BIC values within the bone marrow area for 3Y-TZP and NanoZr were 25.26% and 31.51% at 2 weeks, 46.78% and 38% at 4 weeks, and 47.88% and 56.81% at 8 weeks, respectively. The average BIC values within the cortical area were 38.86% and 58.42% at 2 weeks, 66.82% and 57.74% at 4 weeks, and 79.91% and 78.97% at 8 weeks, respectively. The mean BIC value did not differ significantly between the two zirconia materials at any time point. The NanoZr implants were biocompatible, capable of establishing close BIC, and may be preferred for metal-free dental implants.

**Keywords:** zirconia, dental implant, zirconia–alumina nanocomposite, push-in test, histomorphometry

## Introduction

Zirconia ceramics were introduced to dentistry more than two decades ago. In addition to its use for crown and bridge construction, there is considerable interest in the use of zirconia in implant dentistry.<sup>1,2</sup> Due to its outstanding mechanical properties, stable physical and chemical properties, and excellent biocompatibility, it can offset the grayish appearance of gingiva<sup>3–5</sup> and the potential hypersensitivity of titanium metal implants.<sup>6–9</sup> Metal-free dental zirconia implants are thus of considerable interest.

Most of the zirconia used in implant dentistry is in the form of 3 mol% yttria-stabilized tetragonal zirconia polycrystalline (3Y-TZP). Various studies have verified that 3Y-TZP induces no or a slight inflammatory reaction and protein adsorption, osteoblast/osteoblast-like cell attachment, spreading, proliferation, differentiation, bone–implant contact (BIC) rates, and bone–implant bond strength (push-in

or torque-out test), similarly to titanium implants.<sup>10–15</sup> The flexural strength of 3Y-TZP is 900–1,200 MPa, and its fracture toughness is 8–10 MPa·m<sup>1/2</sup>.<sup>16</sup> The static fracture strength of a 3Y-TZP implant is 725–850 N, which is within the limits of acceptability for clinical implant dentistry.<sup>17</sup> However, zirconia implants have a high risk of fracture. Gahlert et al<sup>18</sup> reported that the failure rate of zirconia implants approached 10% after 20–50 months (average 36.75 months) of prosthetic loading, and Osman et al<sup>19</sup> reported a 4.1% fracture rate of zirconia implants after 1 year of follow-up; in contrast, titanium dental implants rarely fracture.<sup>20</sup> Fracture of dental zirconia implants may be associated with their lower physical and mechanical properties and low-temperature aging degradation and/or stress fatigue. Therefore, a highly reliable metal-free material with greater strength and toughness and enhanced resistance to fatigue and low-temperature aging degradation is required for use in dental implants.

A Ce-TZP-based nanostructured zirconia–alumina composite (NanoZr) composed of 10 mol% cerium dioxide (CeO<sub>2</sub>)-stabilized TZP as a matrix and 30 vol% of Al<sub>2</sub>O<sub>3</sub> as a second phase was developed by Nawa et al.<sup>21,22</sup> Due to its unique intergranular type of nanostructure, in which several 10–100 nm Al<sub>2</sub>O<sub>3</sub> particles are trapped within the ZrO<sub>2</sub> grains and several 10 nm ZrO<sub>2</sub> particles are trapped within the Al<sub>2</sub>O<sub>3</sub> grains, the flexural strength and fracture toughness of NanoZr are 1,500 MPa and 18 MPa·m<sup>1/2</sup>, respectively.<sup>16</sup> It shows complete resistance to low-temperature aging degradation in comparison with Y-TZP.<sup>11,16</sup> Additionally, the cyclic fatigue strength of NanoZr is twice that of 3Y-TZP.<sup>23</sup> Our previous study showed that NanoZr has cell attachment comparable to that of 3Y-TZP in vitro.<sup>24</sup> Therefore, NanoZr may be preferable for use in metal-free dental implants, because of its excellent mechanical properties. However, the effect of the unique intergranular-type nanostructure of NanoZr on osseointegration is unknown. Therefore, the purpose of this study was to evaluate the biomechanical and histological behavior of ceria-stabilized NanoZr in comparison with that of 3Y-TZP in vivo.

## Materials and methods

### Preparation of 3Y-TZP and NanoZr implant samples

Machined cylindrical implant specimens of NanoZr and 3Y-TZP (1 mm in diameter and 2 mm in length) were prepared by Panasonic Healthcare Co Ltd, Tokyo, Japan. The implants were cleaned by sonication in absolute acetone for 20 min, followed by ethanol and deionized water for 10 min;

they were sterilized by autoclaving at 121°C for 30 min before insertion into the femurs of rats.

### Surface-characterization analyses

Specimens for scanning electron microscopy (SEM) examination were gold-coated using auto-fine coaters (JFC-1600; JEOL, Tokyo, Japan) and observed with SEM (Quanta 200 FEG; Thermo Fisher Scientific, Waltham, MA, USA). Surface-morphology images were obtained at an accelerating voltage of 15 kV and 60× magnification. The grain structures of polished implant samples were analyzed with the backscattered electrons. Three separate specimens were examined per group. Additionally, the three-dimensional (3-D) surface topography of the samples was measured using a MicroXAM 3-D optical interferometer (KLA-Tencor Corporation, Milpitas, CA, USA), with a scanning area of 0.18×0.14 mm<sup>2</sup>. Nine randomly selected positions on the surfaces of the three samples were measured, and surface-roughness values (Sa) were calculated.

### Surgical procedure

The surgical procedure and biomechanical (push-in) test were performed according to the method of Ogawa et al.<sup>25</sup> Sprague Dawley rats (8 weeks old) were anesthetized by peritoneal injection of pentobarbital sodium (30 mg/kg body weight). NanoZr and 3Y-TZP implants were placed into the left and right femurs, respectively. The study protocol was approved by the Tohoku University of Japan Animal Research Committee. All experiments were performed in accordance with the Japan Department of Agriculture Guidelines for Animal Research.

The hair in the surgical area was removed by shaving, and the exposed area was disinfected by swabbing with 3% (volume fraction) povidone–iodine followed by 75% ethanol. Incised skin, subcutaneous tissue, muscles, and periosteum were exposed layer by layer. The implant site was prepared at ~7 mm from the distal femur edge using a slow-speed drill with a 1-mm round burr under continuous irrigation with sterile saline (0.9% [mass fraction]). The implant was then placed into the hole and carefully pushed into place until the end of the implant was aligned with the femoral bone surface. Finally, the tissues were sutured in layers.

After healing periods of 2, 4, and 8 weeks, ten Sprague Dawley rats per healing period were killed, and femurs with implant specimens were harvested. Five samples per healing period were subjected to biomechanical and histological evaluation.

## Biomechanical evaluation (push-in test)

Five samples per healing period were harvested immediately after animal death and embedded into autopolymerizing resin (Unifast II; GC Corporation, Tokyo, Japan). The implants were then loaded axially in a universal testing machine (model 5565; Instron, Norwood, MA, USA) using a 2,000 N load cell and a 0.8-mm diameter stainless-steel pushing rod with a crosshead speed of 1 mm/min. The push-in test value was determined as the breaking-point load, which was defined as the maximum load prior to a rapid decrease in the load–displacement curve.

## Histological processing

Five implant samples with surrounding bone were harvested during each healing period and fixed in 10% buffered formalin for 1 week. Subsequently, the specimens were dehydrated in an ascending series of alcohol concentrations (50%–99%) and finally embedded in autopolymerizing methyl methacrylate resin (Wako Pure Chemical Industries Ltd, Osaka, Japan). The undecalcified specimens (500  $\mu\text{m}$  thickness) were cut using a diamond saw (SP 1600; Leica Microsystems, Wetzlar, Germany), adhered to the resin slides, and successively ground to a thickness of  $\sim 50\ \mu\text{m}$ . The ground specimens were stained with tartrate-resistant acid phosphatase, and the BIC values of the cortical area and bone marrow area and number of osteoclasts were evaluated by light microscopy. The remaining specimens were sectioned to 10  $\mu\text{m}$  thickness using an automated microtome (Leica RM2255) and then stained with Giemsa.

## Histological evaluation

Histological evaluation and computer-assisted histomorphometric analysis were performed at 25 $\times$  magnification. The length and area of new bone around implants and the total length of implant in the bone marrow were measured using image-measurement software, and BIC values and total new-bone area were determined (Figure 1). Finally, the thickness of newly formed bone within the marrow area was calculated according to the total bone area and total BIC length. The number of osteoclasts around the implants was determined.

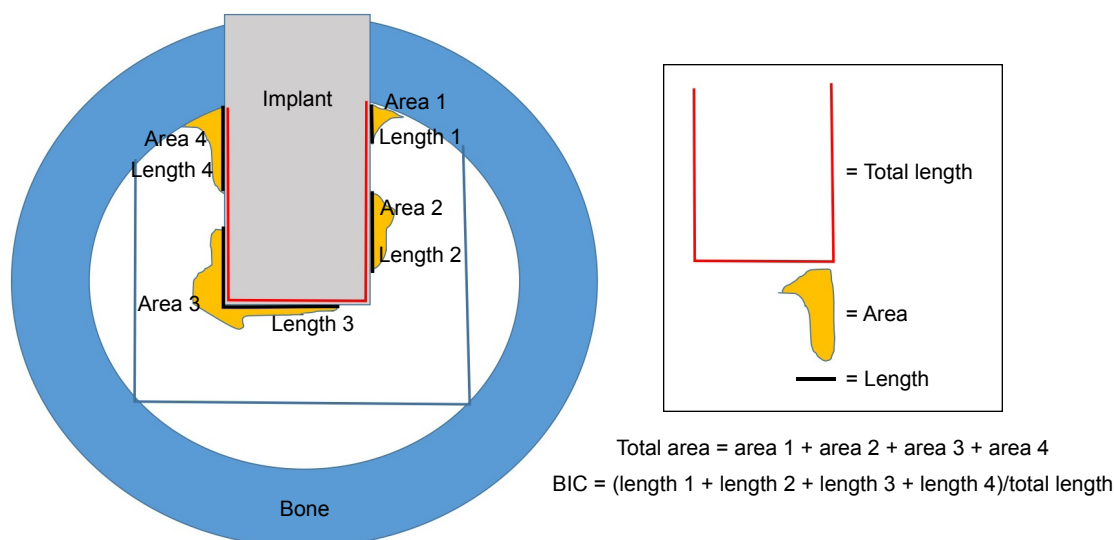
## Statistical analysis

Push-in test values, BIC values, and thicknesses of newly formed bone around implants were compared by one-way analysis of variance using a 5% level of significance.

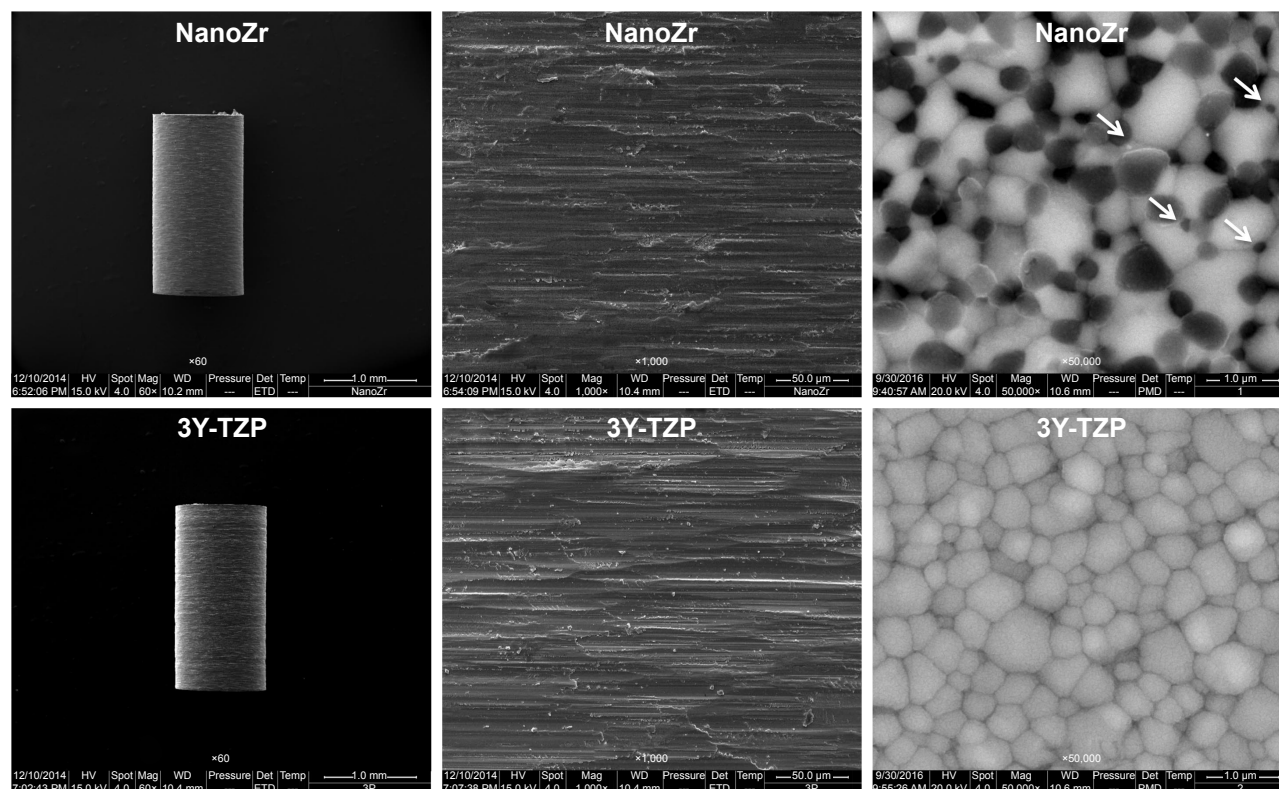
## Results

### Surface characterization

SEM images of the 3Y-TZP and NanoZr implants are shown in Figure 2. NanoZr is composed of 10 mol% cerium dioxide ( $\text{CeO}_2$ )-stabilized TZP (white grains) as a matrix and 30 vol% of  $\text{Al}_2\text{O}_3$  (black grains) as a second phase. The significant characteristic of the NanoZr structure is its intergranular type of nanostructure, in which several 10–100 nm  $\text{Al}_2\text{O}_3$  particles are trapped within the  $\text{ZrO}_2$  grains and several 10 nm  $\text{ZrO}_2$  particles are trapped within the  $\text{Al}_2\text{O}_3$  grains (arrows). The machined trace was observed in both types of implant. In terms of the 3-D surface topography of the samples (Figure 3), the heights between the tallest peak and the deepest valley for NanoZr and 3Y-TZP were 0.97 and



**Figure 1** Method of measuring the bone–implant contact (BIC) value and newly formed bone area around implants within the bone marrow.



**Figure 2** Scanning electron microscopy of NanoZr and 3Y-TZP implants.

**Notes:** White grains, 10 mol% cerium dioxide ( $\text{CeO}_2$ )-stabilized TZP; black grains, alumina, NanoZr; arrows: nano-sized  $\text{ZrO}_2$  or  $\text{Al}_2\text{O}_3$  particles.

**Abbreviations:** NanoZr, zirconia–alumina nanocomposite; 3Y-TZP, 3 mol% yttria-stabilized tetragonal zirconia polycrystalline.

1.06  $\mu\text{m}$ , respectively. The average surface roughness ( $S_a$ ) of 3Y-TZP (0.788  $\mu\text{m}$ ) was significantly greater than that of NanoZr (0.559  $\mu\text{m}$ ) (Figure 4).

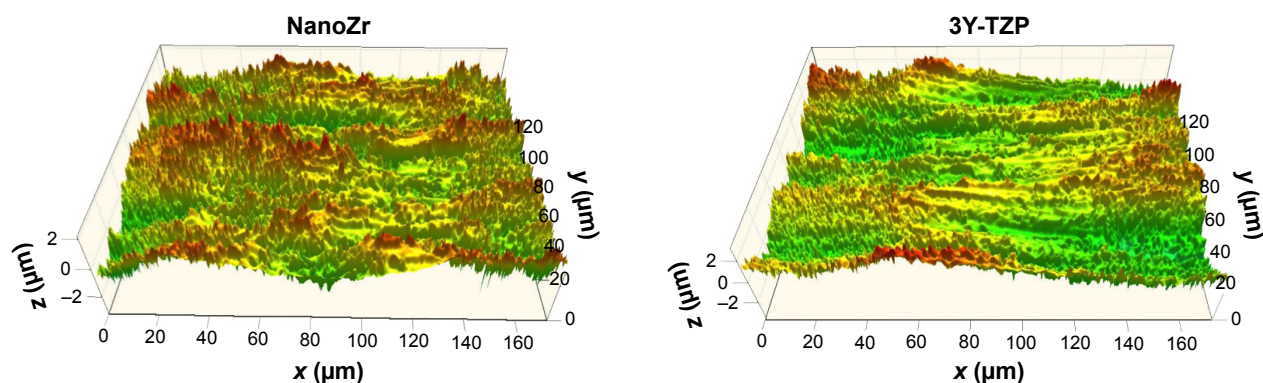
### Biomechanical evaluation (push-in test)

The shear strengths of NanoZr and 3Y-TZP are shown in Figure 5. The shear strengths of 3Y-TZP and NanoZr were similar at 2 weeks; however, the shear strength of NanoZr was higher than that of 3Y-TZP at 4 and 8 weeks, and the

difference at 8 weeks was significant. For both materials, the push-in strength increased continuously during the observation period (2–8 weeks). However, the push-in strength increased significantly from 2 to 4 weeks for the same material, whereas there was no significant difference between 4 and 8 weeks.

### Histopathological evaluation

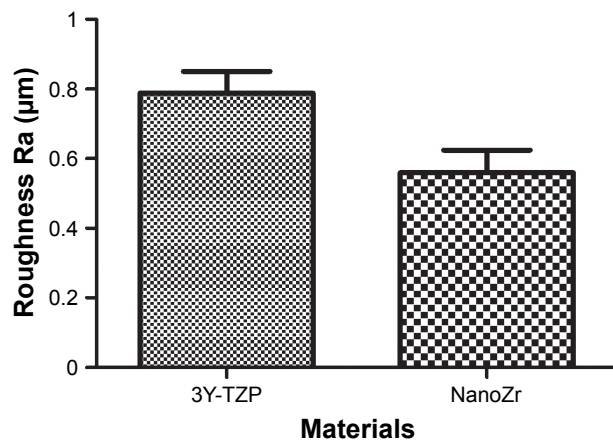
New-bone formation and direct BIC were evident at the surfaces of all implants. Bone growth was observed from



**Figure 3** Three-dimensional surface morphology of NanoZr and 3Y-TZP implants determined by MicroXAM 3-D optical interferometry.

**Abbreviations:** NanoZr, zirconia–alumina nanocomposite; 3Y-TZP, 3 mol% yttria-stabilized tetragonal zirconia polycrystalline.

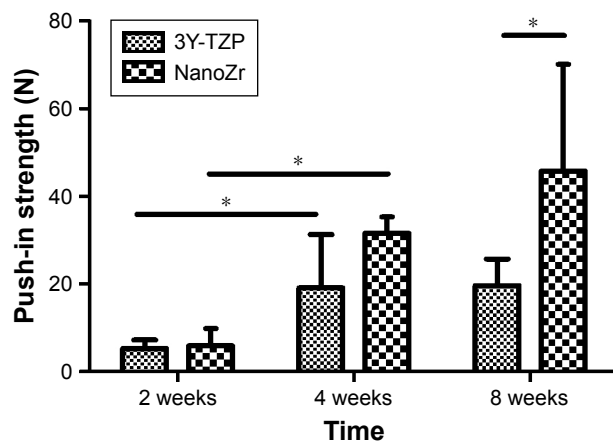




**Figure 4** Surface roughness of NanoZr and 3Y-TZP implants.

**Abbreviations:** NanoZr, zirconia–alumina nanocomposite; 3Y-TZP, 3 mol% yttria-stabilized tetragonal zirconia polycrystalline.

the cortical bone toward the bone marrow along the implant surface in all samples (Figure 6). The BIC values of 3Y-TZP and NanoZr within the bone marrow area and cortical area are shown in Figures 7 and 8, respectively. The average BIC values within the bone marrow area for 3Y-TZP and NanoZr were 25.26% and 31.51% at 2 weeks, 46.78% and 38% at 4 weeks, and 47.88% and 56.81% at 8 weeks, respectively. The average BIC values within the cortical area were 38.86% and 58.42% at 2 weeks, 66.82% and 57.74% at 4 weeks, and 79.91% and 78.97% at 8 weeks, respectively. The BIC value within the cortical area was higher than that in the bone marrow area. The BIC within the bone marrow area stabilized after 4 weeks of healing, whereas that in the cortical area increased continuously during the experimental period. However, the mean BIC value did not differ significantly



**Figure 5** Push-in strength of NanoZr and 3Y-TZP implants after 2, 4, and 8 weeks of healing.

**Note:** \*No significant difference.

**Abbreviations:** NanoZr, zirconia–alumina nanocomposite; 3Y-TZP, 3 mol% yttria-stabilized tetragonal zirconia polycrystalline.

between the two zirconia materials at any time point, although the BIC of NanoZr was slightly higher than that of 3Y-TZP at 2 and 8 weeks.

The average thicknesses of newly formed bone on the implant surface within the bone marrow area for 3Y-TZP and NanoZr were 32 and 33.1 μm at 2 weeks, 43.9 and 41.9 μm at 4 weeks, and 39.7 and 46.6 μm at 8 weeks, respectively (Figure 9). There was no significant difference among the groups.

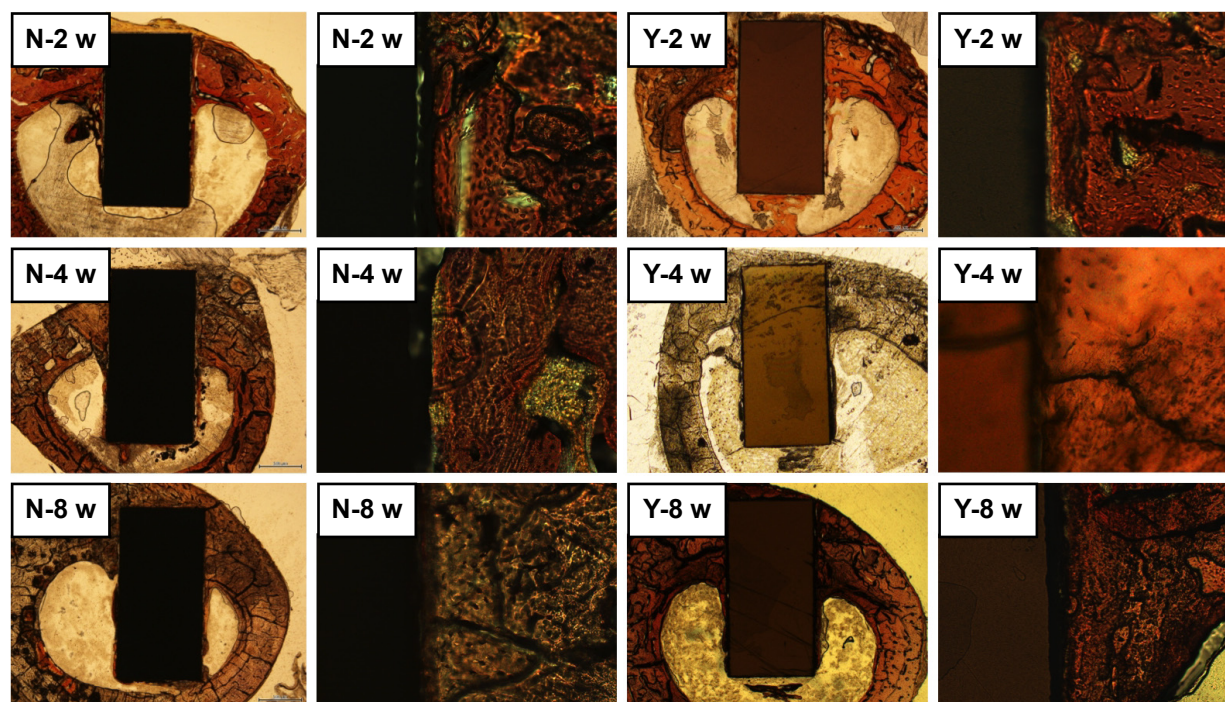
In the undecalcified ground sections (50 μm), bone appeared to form direct contact with the implant. However, in the thin sections (10 μm), bone did not always come into direct contact with the zirconia implant, and an amorphous or connective tissue zone with or without mineralized matrix was interposed between the implant and highly mineralized mature bone or newly formed lamellar bone. In the interposed connective tissue zone, newly formed blood vessels (Figure 10A), vasculature (Figure 10A), mineralized matrix, and multinuclear giant cells were evident (Figure 10A and B). Osteoblast-like cells were present in the amorphous zone and newly formed bone surface, and these were in direct contact with and parallel to the surface of the implant and newly formed bone (Figure 10C).

Osteoclasts were present near the surface of implants composed of both materials after 2 weeks of healing (Figure 11). Osteoclasts were present after 4 weeks of healing only in the 3Y-TZP specimens. No osteoclasts were present at 8 weeks, irrespective of the zirconia material.

## Discussion

Dental implants composed of 3Y-TZP have been the subject of a greater number of *in vivo* studies than titanium dental implants. Animal studies have shown that 3Y-TZP and pure titanium have similar BIC values, bone densities near the implant, and mechanical parameters (removal torque or push-in strength).<sup>26–31</sup> Moreover, the two materials have similar osseointegration abilities. This study aimed to evaluate the osseointegration ability of machined ceria-stabilized NanoZr compared with machined 3Y-TZP *in vivo*.

Bone growth on the implant surface is considered a prerequisite for the long-term success of implant-supported prostheses.<sup>32</sup> The osseointegration rate of dental implants is related to their composition, surface morphology, and surface roughness. The majority of investigations have used 3Y-TZP implants with a sandblasted and/or acid-etched surface, but few have evaluated the osseointegration of machined zirconia or alumina-toughened zirconia (ATZ) implants. Kohal et al<sup>26</sup> evaluated machined 3Y-TZP and machined titanium in the same animal model. The BIC values of 3Y-TZP and machined titanium were 30.9% and 23.2%



**Figure 6** Histological observation of NanoZr and 3Y-TZP implants after 2, 4, and 8 weeks of healing.

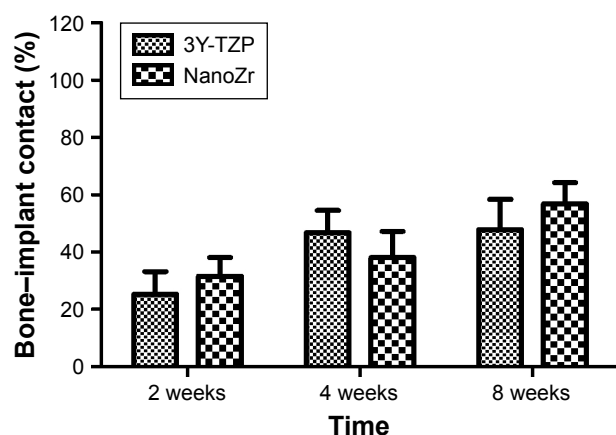
**Note:** Sections were undecalcified and ground (~50  $\mu$ m thickness), then stained with tartrate-resistant acid phosphatase. N-2w, N-4w, and N-8w are the abbreviations of NanoZr after 2 weeks, 4 weeks, and 8 weeks of healing, respectively. Y-2w, Y-4w, and Y-8w are the abbreviations of 3Y-TZP after 2 weeks, 4 weeks, and 8 weeks of healing, respectively. The left figure for each same abbreviated label is a low magnification figure with 25 $\times$  magnification, and the right figure for each same abbreviated label is high magnification figure with 400 $\times$  magnification.

**Abbreviations:** NanoZr, zirconia–alumina nanocomposite; 3Y-TZP, 3 mol% yttria-stabilized tetragonal zirconia polycrystalline.

at 2 weeks and 46.6% and 39.4% at 4 weeks, respectively (fraction of the implant in contact with the mineralized bone tissue over the entire length of the implant). Kohal et al<sup>27</sup> reported that the BIC values of ATZ and electrochemically anodized titanium (TiUnite) were 24% and 58% at 2 weeks and 41% and 75% at 4 weeks, respectively (fraction of the implant in contact with the cortical bone). This is similar to our findings for 3Y-TZP. However, the BIC of NanoZr within

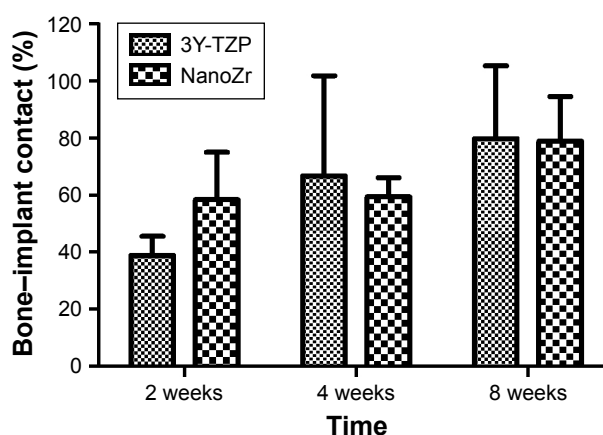
the cortical bone area was higher than that of ATZ, possibly due to the different materials and surface treatments used.

The composition, surface morphology, and surface roughness of implants affect the rate of osseointegration and biomechanical fixation.<sup>33</sup> In this study, the push-in strength of NanoZr was significantly higher than that of 3Y-TZP at 8 weeks, the microroughness of NanoZr was lower than that of 3Y-TZP, and the two materials had similar BIC values.



**Figure 7** Bone–implant contact rate of NanoZr and 3Y-TZP implants after 2, 4, and 8 weeks of healing within the bone marrow area.

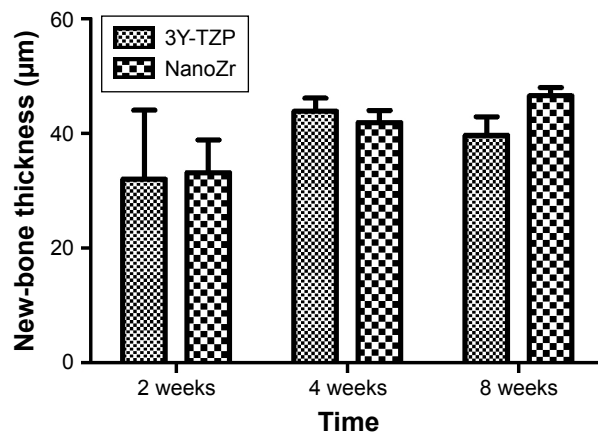
**Abbreviations:** NanoZr, zirconia–alumina nanocomposite; 3Y-TZP, 3 mol% yttria-stabilized tetragonal zirconia polycrystalline.



**Figure 8** Bone–implant contact rate of NanoZr and 3Y-TZP implants after 2, 4, and 8 weeks of healing within the cortical area.

**Abbreviations:** NanoZr, zirconia–alumina nanocomposite; 3Y-TZP, 3 mol% yttria-stabilized tetragonal zirconia polycrystalline.





**Figure 9** Average thickness of newly formed bone around the surface of NanoZr and 3Y-TZP implants after 2, 4, and 8 weeks of healing within the bone marrow area.

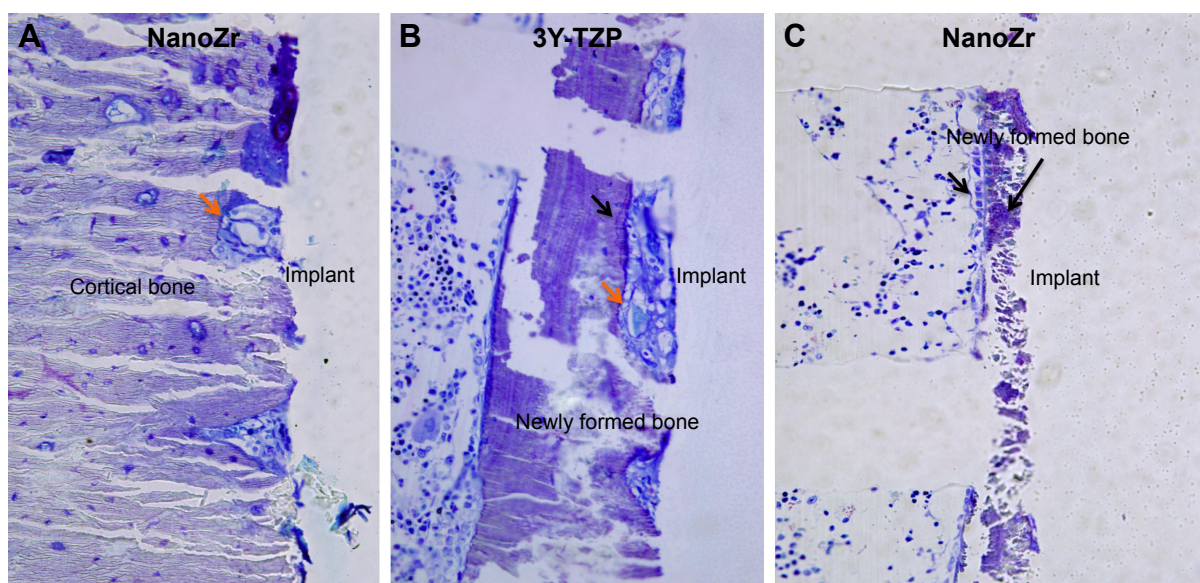
**Abbreviations:** NanoZr, zirconia–alumina nanocomposite; 3Y-TZP, 3 mol% yttria-stabilized tetragonal zirconia polycrystalline.

The material composition and surface micro/nanostructure may account for this phenomenon. NanoZr consists of alumina and ceria-stabilized zirconia, whereas 3Y-TZP consists of yttria-stabilized zirconia. However, as animal studies have reported similar BIC values for alumina and zirconia,<sup>34,35</sup> the different compositions of the two zirconia materials may not explain the discrepant results. Therefore, the difference in push-in strength of the two materials may be caused by the microstructure difference of NanoZr and 3Y-TZP.

Implants with a rough surface favor bone anchoring and biomechanical stability; therefore, they have higher BIC

and RQ or push-in strength values than smooth-surface implants.<sup>26,36–38</sup> However, despite the fact that the materials were prepared using the same machining method, the surface roughness of NanoZr was lower than that of 3Y-TZP, possibly due to the different mechanical properties of the materials. With regard to micromorphology, NanoZr and 3Y-TZP exhibited similar machined traces, probably due to the unique intergranular-type nanostructure of NanoZr. Several 10–100 nm  $\text{Al}_2\text{O}_3$  particles are trapped within the  $\text{ZrO}_2$  grains, and several 10 nm  $\text{ZrO}_2$  particles are trapped within the  $\text{Al}_2\text{O}_3$  grains.<sup>16</sup> Webster et al<sup>39,40</sup> and Wang et al<sup>41</sup> reported that nanosize grains enhance protein interactions, as well as osteoblast adhesion and proliferation. Moreover, microsurfaces with nanoscale topography have enhanced biological activity.<sup>42</sup> The effect of the nanostructure of NanoZr on integration should thus be investigated further. However, there is a lack of significant tissue evidence for the push-in test result of NanoZr at 8 weeks, which was significantly higher than that of 3Y-TZP. This may have been due to the small sample size in this study. Further research is required to verify these results.

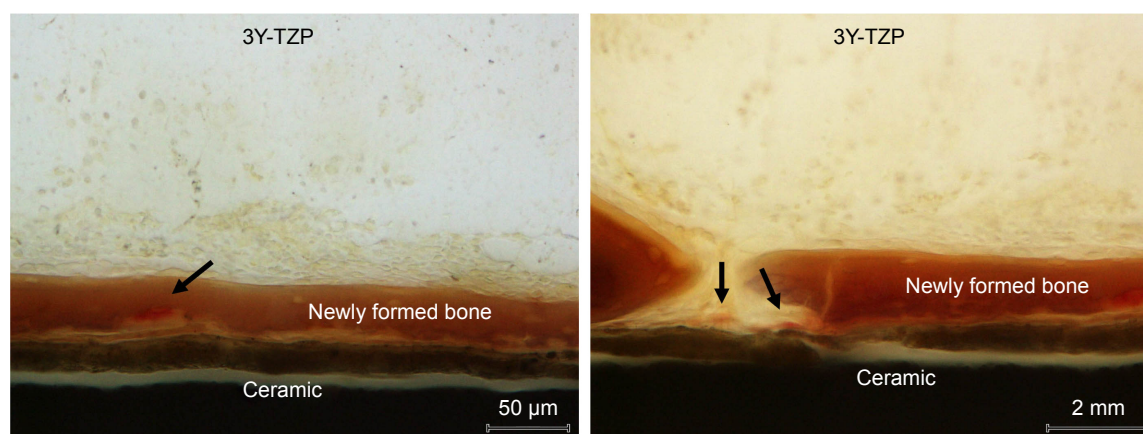
The majority of animal studies have reported that BIC values stabilize 4–8 weeks after implant insertion. Gahlert et al<sup>28</sup> investigated the BIC and bone density of 3Y-TZP implants after 4, 8, and 12 weeks of healing using a minipig model.  $\text{ZrO}_2$  implants exhibited mean peri-implant bone-density values of 60.4% at 4 weeks, 65.4% at 8 weeks,



**Figure 10** Histological observation of NanoZr and 3Y-TZP implants after 2, 4, and 8 weeks of healing.

**Notes:** Sections were undecalcified and directly cut (~10 μm thickness), followed by Giemsa staining. (A) Newly formed blood vessel (brown arrow), multinuclear giant cell and mineralized matrix; (B) vasculature (brown arrow) and new bone cement lining (black arrow); (C) osteoblast-like cells were in direct contact with and lay parallel to the surface of newly formed bone (black arrow).

**Abbreviations:** NanoZr, zirconia–alumina nanocomposite; 3Y-TZP, 3 mol% yttria-stabilized tetragonal zirconia polycrystalline.



**Figure 11** Tartrate-resistant acid phosphatase-stained image of an osteoclast near the 3Y-TZP implant surface after 2 weeks of healing.

**Note:** Arrows = osteoclasts.

**Abbreviation:** 3Y-TZP, 3 mol% yttria-stabilized tetragonal zirconia polycrystalline.

and 63.3% at 12 weeks after implantation. The corresponding mean BIC values of ZrO<sub>2</sub> were 70%, 67.1%, and 68.3%, respectively. In a study conducted by Gahlert et al<sup>14</sup> using the same animal model, the BIC at 8 weeks was higher than that at 4 weeks, and it did not increase significantly after 8 weeks. No significant difference between the two types of implant was detected at any time point with regard to the two parameters investigated. The shear strength between the implant and bone stabilized after 4 weeks of healing.

Albrektsson et al<sup>43</sup> and Steffik et al<sup>44</sup> reported that osteoblasts were present close to the surface of titanium implants, and their cytoplasmic processes extended perpendicularly onto the titanium surface. Murai et al<sup>45</sup> also reported that osteoblasts were in direct contact with the titanium surface via a thin amorphous zone formed on slender osteoblast-like cells. In this study, the osteoblasts formed close and perpendicular contact with the zirconia-implant surface, and their reactivity to the zirconia implant was similar to that to the titanium implant. To our knowledge, this is the first direct evidence of zirconia osseointegration in vivo.

Osteoclasts may play an important role in the initial period after implant placement to prime or prepare the implant surface for the bone-forming activity of osteoblasts, as is the case during the normal bone-remodeling cycle.<sup>46</sup> However, few in vivo studies have assessed osteoclasts in metal-free implant dentistry. Sennerby et al<sup>47</sup> and Roberts et al<sup>48</sup> reported that new bone was remodeled and replaced by lamellar bone 6 weeks to 3 months after titanium-implant insertion. In this study, osteoclasts were observed by 2 weeks after insertion with both materials, and the number of osteoclasts decreased over time. Osteoclasts were observed at 4 weeks with 3Y-TZP, but they were not observed with NanoZr at any time point. Within the limitations of this study,

it can be concluded that NanoZr implants are biocompatible and capable of establishing close BIC; therefore, they may be preferable for metal-free dental implants.

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## Disclosure

The authors report no conflicts of interest in this work.

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